

Gong Master Training Team

Level One – 9 Month Course

Master the Self...

Awaken the Body & Soul...

Fulfill your Destiny...

In Orange County 40 h Course

12 Meetings \$54 @ & 108 h Practice

New Team Starting Now

Contact Sotantar for Details

Join Sotantar for a 9 month Gong Master Training Course; Level One of Three, learning “The Way of the Soul/Gong”. You will gain a deeper understanding of the Sacred Sound of the Soul/Gong, its powerful transformational effects on the Body, Mind, Spirit & the Self Awareness.

Each of the Three Levels combine elements of Kundalini Yoga, Gong Baths, Suniai Yoga Deep Listening, The Kybalion, Brain Frequencies, Biofeedback, Color Therapy and Frequencies, Tarot Numerology, Kundalini Numerology, Hypnosis, Healing Techniques, Reiki, Tantra, Martial Arts, Pressure Points, Anatomy, Oracles, Toning, Lucid Dreaming, Planet Frequencies and Properties, Stones, Crystals, Runes, Sacred Geometry, Vedic & Western Astrology, Meditation...

Course Highlights:

- Introduction to Self Mastery Through the Sacred Soul/Gong
 - The Ancient Gong & its Significant in This Age
 - Type of Gongs & How to Choose Your Gong
 - Approaching & Playing the Gong
 - Kundalini Yoga & Gong Bath
 - Suniai Yoga Deep Listening

The **Gong Meditation** practice will immerse you in sound as you go into a deeper level within. The Gong sounds & vibrations stimulate a meditative & contemplative state in which we have the opportunity to see & surrender the control of the mind

- Promotes internal calm, peace & well being
- Strengthens the nervous & immune systems
- Has been known to help eliminate diseased cells
- Balances the chakras
- Increases radiance, energy & vitality
- Enhances awareness & intuition
- Rejuvenating mentally & physically

GMTT1 of 3
Gong Master Training Team 1 of 3
Orange County – Newport Beach
To Sign up or Questions:
Contact Sotantar
At: sotantar@gongmaster.org
Or call: (714) 418-3000

*“When you master the Gong you master your self.
by delivering the Sacred Sound, the true SELF awakens.”*
Sotantar, Gong Master

SOTANTAR

World renowned Gong Master and Kundalini Yoga Teacher. Has practiced Yoga, Meditation and Healing for over 30 years. He has had the privilege to learn from The Master of Kundalini Yoga, Yogi Bhajan and Gong Master Don Conreux. www.gongmaster.org

